









REF 10-0148

## PLAC® Test for Lp-PLA<sub>2</sub> Activity

Enzyme Assay for the Quantitative Determination of Lp-PLA<sub>2</sub> Activity in Human Plasma or Serum

**Diazyme Laboratories, Inc.**  
12889 Gregg Court,  
Poway, CA 92064 USA

Tel: 1-858-455-4768  
www.diazyme.com

Symbol Key		
<b>REF</b>	Catalog Number	<b>R1</b> Buffer
<b>IVD</b>	In Vitro Diagnostic Medical Device	<b>R2</b> Substrate
<b>LOT</b>	Batch	<b>CAL</b> Calibrator
	Expiration Date	<b>CONTROL LOW</b> Control Low
	Store at 2-8 deg C	<b>CONTROL HIGH</b> Control High
	Irritant	 Consult Instructions for Use
<b>Rx only</b>	CAUTION: Federal law restricts the device to sale or on the order of a physician	 Manufacturer
		 Read

Read this package insert completely before using the product.

Follow instructions carefully when performing tests. Failure to follow the instructions may result in inaccurate results.

For specific automated clinical chemistry Analyzer Application Sheets, contact Diazyme Customer Service at 1-858-455-4768.



### INTENDED USE

The PLAC® Test for Lp-PLA<sub>2</sub> Activity is an enzyme assay for the *in vitro* quantitative determination of Lp-PLA<sub>2</sub> (lipoprotein-associated phospholipase A<sub>2</sub>) activity in EDTA plasma and serum on automated clinical chemistry analyzers. Lp-PLA<sub>2</sub> activity is to be used in conjunction with clinical evaluation and patient risk assessment as an aid in predicting risk of coronary heart disease (CHD) in patients with no prior history of cardiovascular events.

### SUMMARY AND EXPLANATION

Lp-PLA<sub>2</sub> is a calcium-independent phospholipase A2 enzyme that is associated with both low-density lipoprotein (LDL) and, to a lesser extent, high-density lipoprotein (HDL) in human plasma and serum (Zalewski and MacPhee, 2005) and is distinct from other such phospholipases such as cPLA<sub>2</sub> and sPLA<sub>2</sub> (Kudo and Murakami 2002, Burke and Dennis 2009). Lp-PLA<sub>2</sub> is produced by macrophages and other inflammatory cells and is expressed in greater concentrations in advanced atherosclerotic lesions than early-stage lesions (Hakkinen, Luoma et al. 1999, Kolodgie, Burke et al. 2006). Several lines of evidence suggest that oxidation of LDL plays a critical step in the development and progression of atherosclerosis (Witztum 1994, Chisolm and Steinberg 2000). Lp-PLA<sub>2</sub> participates in the breakdown of oxidized LDL in the vascular wall by hydrolyzing the oxidized phospholipid, producing lysophosphatidylcholine and oxidized free fatty acids, both of which are potent pro-inflammatory products that contribute to the formation of atherosclerotic plaques (Macphee, Moores et al. 1999, Macphee 2001, Suckling and Macphee 2002). Lp-PLA<sub>2</sub> has demonstrated modest intra- and inter-individual variation, commensurate with other cardiovascular lipid markers and substantially less variability than high sensitivity C-reactive protein (hs-CRP). In addition, Lp-PLA<sub>2</sub> is not elevated in systemic inflammatory conditions, and may be a more specific marker of vascular inflammation. The relatively small biological variation of Lp-PLA<sub>2</sub> and its vascular specificity are of value in the detection and monitoring of cardiovascular risk (Wolfert, Kim et al. 2004, Lerman and McConnell 2008, Thompson, Gao et al. 2010).

### PRINCIPLE OF THE TEST

The PLAC Test for Lp-PLA<sub>2</sub> Activity is an enzyme assay. Lp-PLA<sub>2</sub>, in plasma or serum, hydrolyzes the sn-2 position of the substrate, 1-myristoyl-2-(4-nitrophenylsuccinyl) phosphatidylcholine, producing a colored reaction product, 4-nitrophenol. The rate of formation of 4-nitrophenol is measured spectrophotometrically and the Lp-PLA<sub>2</sub> activity is calculated from the rate of change in absorbance. A set of five Lp-PLA<sub>2</sub> calibrators is used to generate a standard curve fit of change in absorbance versus Lp-PLA<sub>2</sub> activity level in nmol/min/mL from which the sample Lp-PLA<sub>2</sub> activity is derived.

### REAGENTS AND MATERIALS

The PLAC Test for Lp-PLA<sub>2</sub> Activity is supplied with:

- Lp-PLA<sub>2</sub> Substrate, 1-myristoyl-2-(4-nitrophenylsuccinyl) phosphatidylcholine
- Calibrators
- Control Low
- Control High
- Buffer
- Certificate of Analysis – Control Range

#### Other materials required but not provided:

- Automated Clinical Chemistry Analyzer and System Operation Manual.
- Analyzer Application Sheet specific to the clinical chemistry analyzer used is available separately. Contact Diazyme Customer Service.

2

### ASSAY PROCEDURE

#### Calibration

The assay is calibrated using a 5-point calibration curve. A standard curve is generated using the appropriate curve fit model indicated in the Analyzer Application Sheet. Verify the calibration with at least two levels of controls according to the laboratory's requirements. Recalibrate and run controls for each kit from a new lot and thereafter, every 4 weeks for kits from the same lot. If controls fall outside of laboratory's acceptable range, recalibrate as necessary **up to the expiration date of the opened reagents**.

#### Quality Control

Test at least two levels of an appropriate quality control material a minimum of once per day for each day of use. In addition, run controls after each new calibration run. It is recommended that low and high controls be included in each run. If control values are not within acceptance limits, repeat the assay. Additional quality control testing may be necessary according to local, state and/or federal regulations or accreditation requirements.

#### Example Assay Procedure

The PLAC Test for Lp-PLA<sub>2</sub> Activity should be run using the appropriate settings for the analyzer to be used. For detailed instructions and settings for each analyzer, please refer to the Analyzer Application Sheet for the specific automated clinical chemistry analyzer used. A general explanation of the assay procedure for the Beckman Coulter (Olympus) AU400® Analyzer is described.

Settings for the Beckman Coulter (Olympus) AU400 Clinical Chemistry Analyzer

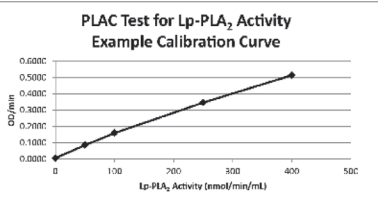
Assay Code	Rate
Assay Time	8.5 minutes
Read Cycle	12 to 14
Sample Volume	25 µL
Reagent R1 vol.	100 µL R1 reagent (R1 position)
Reagent R2 vol.	25 µL R2 reagent (R2 position)
Wavelength	1° 410 nm, 2° 520 nm
Calibration Method	Spline 5 point
Assay Range	10 to 382 nmol/min/mL

#### Procedural Notes

- It is recommended that each lab determine a suitable calibration frequency. At a minimum, a new calibration curve should be generated with a kit from a new lot, and thereafter, every 4 weeks for kits from the same lot. Run calibration when and if controls fall outside acceptable range.
- Upon storage, do not switch caps on reagent solutions as this may lead to contamination.
- All samples should be well mixed before testing, and especially after thawing stored samples. A vortex mixer may be used; however, any air bubbles or foaming of the samples should be avoided.

#### Example of Calibration Curve

Lp-PLA <sub>2</sub> Activity nmol/min/mL	Absorbance OD/min
0	0.0067
50	0.0857
100	0.1601
250	0.3469
400	0.5142



### LIMITATIONS

- Reliable, accurate and reproducible results will be obtained when the assay procedure is performed with a complete understanding of the package insert instructions and with adherence to good laboratory practice.
- As with any analytical method, the possibility exists that substances and/or factors not tested (e.g. technical or procedural) may interfere with the test and cause false results. Results should be considered in conjunction with other clinical and analytical methods.

#### INTERPRETATION OF RESULTS

The PLAC Test for Lp-PLA<sub>2</sub> Activity provides information on the risk of coronary heart disease (CHD) events. In the Clinical Validation Study (see below), the overall population rate of CHD events at 5-year follow-up was 4.1% (95% CI 3.8 - 4.38%), prior to consideration of subject PLAC Activity values. Using a PLAC Activity cut-point value of 225 nmol/min/mL, subjects were then classified into a high PLAC Activity group (Lp-PLA<sub>2</sub> activity ≥ 225 nmol/min/mL) or a low PLAC Activity group (Lp-PLA<sub>2</sub> activity < 225 nmol/min/mL). The following absolute rates of CHD events at 5-year follow-up were observed (including 95% CI):

- High PLAC Activity group CHD event rate 7.0% [6.2% - 7.8%]
- Low PLAC Activity group CHD event rate 3.3% [3.0% - 3.6%]

The high PLAC Activity group was found to have a 5-year absolute rate for CHD events that was over twice that of the low PLAC Activity group. The difference in absolute rates between the two PLAC Activity groups is both statistically significant (p < 0.001) and clinically important given the continuing lifetime risk of CHD events. The finding that an individual with no prior history of cardiovascular events has high PLAC Activity would suggest that they are at higher than average risk. Similarly, the finding that such an individual has low PLAC Activity would suggest that they are at lower than average risk.

Additional analyses showed that high PLAC Activity was a significant predictor of CHD events relative to low PLAC Activity, even after adjustment for other demographic and cardiovascular risk factors including age, race, gender, smoking, hypertension, diabetes, LDL-cholesterol and HDL-cholesterol.

Use of PLAC Activity results in conjunction with the other clinical parameters (e.g., age, life expectancy, etc.) and traditional risk factors (e.g., LDL-cholesterol, total cholesterol, blood pressure, etc.) may be used to refine risk assessment in primary prevention.

#### Cut-Point

Analyte	Units	Reduced Risk	Increased Risk
Lp-PLA <sub>2</sub> Activity	nmol/min/mL	< 225	≥ 225

### WARNINGS AND PRECAUTIONS

**Dilution of samples will create erroneous results. Samples cannot be diluted at any Lp-PLA<sub>2</sub> activity level.**  
Samples with Lp-PLA<sub>2</sub> values above the measuring range should be reported as >382 nmol/min/mL. In the Clinical Validation Study, > 99% of subjects reported values ≤382 nmol/min/mL.

**Hemolyzed samples interfere with the assay and should not be tested.** Samples that are visibly hemolyzed should be redrawn. Testing hemolyzed samples with >1.0 mg/mL hemoglobin may cause erroneous results.

**Reversing the positions of the reagents on the analyzer will lead to erroneous results.** Make sure to load the R1 reagent in the right location on the analyzer, R1 position, and the R2 reagent in the instrument's R2 position.

- For *In Vitro* Diagnostic Use.
- CAUTION: Federal law restricts the device to sale by or on the order of a physician.
- Treat all blood samples, calibrators and controls as potentially biohazardous material.
- Visually observe samples for excessive turbidity and clots prior to analysis. Samples with excessive turbidity and clots may impact results and should not be used.
- Dispose of reagents in a manner consistent with relevant regulations.
- Do not use reagents, calibrators or controls past their expiration dates.
- Do not mix reagents, calibrators or controls from different kit lots.

### REAGENT PREPARATION AND STORAGE

Reagents are provided ready to use. Remove the caps of reagent R1 and R2 and place on the instrument. Reagents are stable for up to 4 weeks on board the analyzer.

Once opened:

- Reagents can be stored at 2-8°C for up to 4 weeks
- Calibrators can be stored at 2-8°C for up to 3 months
- Controls can be stored at 2-8°C for up to 3 months

Please refer to the specific clinical chemistry Analyzer Application Sheet for information specific to your analyzer. Laboratories should verify on board reagent stability on their own analyzers under typical laboratory conditions.

### SPECIMEN COLLECTION AND STORAGE

- Fasting is not required.
- Collect whole blood by venipuncture in:
  - K<sub>2</sub> EDTA plasma collection tubes with or without gel
  - K<sub>2</sub> EDTA plasma collection tubes without gel
  - Serum collection tubes, with or without gel.
- Process blood using standard separation procedures.
  - Whole blood can be kept up to 4 hours at 20-22°C or up to 30 hours at 2-8°C prior to separation.
- Following centrifugation:
  - Examine for hemolysis. If present, discard sample and re-draw.
    - Sample can be tested immediately or stored prior to testing under the following conditions:
      - 24 hours at 20-26°C
      - Up to 2 weeks at 2-8°C
      - Up to 18 months at -20°C
      - Up to 2 years at -70°C
  - Plasma and serum samples can be freeze-thawed up to 5 times after freezing at either -70°C or -20°C.
  - When transporting samples, ship samples on cold packs at 2-8°C.
- Handle and dispose of all samples using Universal Biohazardous Precautions.

3

### PERFORMANCE CHARACTERISTICS

Performance characteristics were established using one Beckman Coulter (Olympus) AU400 Analyzer. Refer to the specific clinical chemistry Analyzer Application Sheet for performance characteristics.

#### ANALYTICAL SENSITIVITY

The analytical sensitivity (limit of quantitation) of the assay is 10 nmol/min/mL.

#### ASSAY PRECISION

Within-run and within-lab variability were determined by testing four human plasma samples and two controls with Lp-PLA<sub>2</sub> activities ranging from 113 to 315 nmol/min/mL. Samples were assayed in duplicate, twice a day, over 20 days and with 3 kit lots using one instrument. Total precision CV's for each reagent lot and sample were <3%. The assay results for within-run repeatability and total lab variability which includes within-run, between-run, between-day and between-lot variance components are summarized below for each sample tested:

Sample	Mean Value (nmol/min/mL) n=240	Repeatability (within-run)		Within-Lab Precision	
		SD	%CV	SD	%CV
Kit Control Low	120.0	1.81	1.5%	3.40	2.8%
Kit Control High	302.8	4.31	1.4%	8.24	2.7%
Plasma 1	113.0	1.41	1.2%	4.24	3.8%
Plasma 2	208.1	2.97	1.4%	6.94	3.3%
Plasma 3	244.4	3.67	1.5%	8.61	3.5%
Plasma 4	314.6	3.86	1.2%	9.79	3.1%

#### LINEARITY

Several dilution series were prepared from plasma samples with known high and low Lp-PLA<sub>2</sub> activity levels and were tested with 3 kit lots. In the dynamic range of 6 to 382 nmol/min/mL, linear regression of Lp-PLA<sub>2</sub> activity levels resulted in slopes ranging from 0.98 to 1.04, with intercepts ranging from -0.40 to -0.03 nmol/min/mL and R2 values ranging from 0.995 to 0.999. Linearity was demonstrated from 10 to 382 nmol/min/mL with a deviation from linearity of ≤ 10%. The measuring range of the assay is determined to be 10 to 382 nmol/min/mL.

#### INTERFERING SUBSTANCES

Endogenous substances were titrated into samples (above and below the Lp-PLA<sub>2</sub> cut-point) with known levels of each endogenous substance and were tested. No appreciable interference was observed for the following substances:

#### Interference Testing: Endogenous Substances

Potential Interferent	High Concentration
Albumin, g/L	60
Unconjugated Bilirubin, mg/dL	20
Conjugated Bilirubin, mg/dL	12
Cholesterol, mg/dL	300
Triglycerides, mg/dL	400
Hemoglobin, mg/mL	1

Exogenous substances (common and prescription drugs) were evaluated for interference in the assay. Samples were spiked with two levels of the potential interferent and tested. No appreciable interference was observed for the following substances at the spiked levels tested.

Potential Interferent	Test Concentration Low	Test Concentration High
Acetaminophen, µmol/L	33	1324
Aspirin, µmol/L	720	3600
Atorvastatin, µmol/L	2	20
Diphenhydramine, µmol/L	2	20
Fenofibrate, µmol/L	42	125
Lisinopril, µmol/L	0.25	0.74
Niacin, µmol/L	480	4800
Tolbutamide, µmol/L	400	2300
Warfarin, µmol/L	10	33
Metformin, µmol/L	31	310
Clopidogrel bisulfate, µmol/L	10	100
Vitamin C, µmol/L	14	342

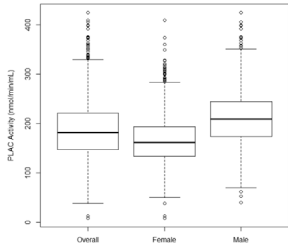
Various amounts of a high Lp-PLA<sub>2</sub> activity level solution were added to an enzyme-free diluent to create seven activity levels. These spiked solutions were assayed with 3 lots of reagents and the Lp-PLA<sub>2</sub> activity levels were then compared to expected values resulting in slopes ranging from 0.99 to 1.10, with intercepts ranging from -2.9 to 4.2 nmol/min/mL and R<sup>2</sup> ranging from 0.997 to 1.000.

The clinical effectiveness of the PLAC Test for Lp-PLA<sub>2</sub> Activity in its intended use population was validated in a Clinical Validation Study utilizing participants in the Reasons for Geographic and Racial Differences in Stroke (REGARDS) study. Begun in 2003, REGARDS is an active observational population study which continues to follow its participants longitudinally for the development of cardiovascular events (CHD and Stroke). Designed to elucidate racial and geographical differences in cardiovascular risk factors in the general US population, the study targeted a balanced enrollment of gender and race, and enrolled Black and White participants only. The REGARDS study design, inclusion and exclusion criteria, and coronary heart disease outcomes have been previously published (Howard, Cushman et al. 2005, Safford, Brown et al. 2012). With its nationwide scope and 30,183 total enrolled participants, REGARDS is one of the largest single study ever undertaken in the United States by the National Institutes of Health.

The Clinical Validation Study used a case-cohort study design (Prentice 1986). Consistent with the intended use, subjects were randomly sampled from all REGARDS participants with no prior history of cardiovascular events at baseline enrollment (23,019 participants). This sampled population was then enriched with all remaining REGARDS CHD cases that occurred after the same baseline exclusion.

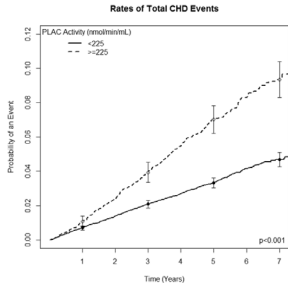
Frozen EDTA plasma specimens were tested with the PLAC Test for Lp-PLA<sub>2</sub> Activity following the recommended sample handling protocol and the observed values were analyzed. The median population follow-up was 5.3 years from the draw date of the specimens tested.

**PLAC Activity Distribution:** PLAC Test for Lp-PLA<sub>2</sub> Activity values in the sampled population ranged from a minimum of 8 to a maximum of >382 nmol/min/mL, with a median value of 178 nmol/min/mL (interquartile range (IQR) 145 – 216 nmol/min/mL).



**Analysis Cut-point:** For the Clinical Validation Study efficacy analyses, a PLAC Test for Lp-PLA<sub>2</sub> Activity cut-point of 225 nmol/min/mL was pre-specified based on prior studies and publications using PLAC activity in other independent cohorts. This analysis cut-point was used as a binary classifier in the study, dividing the study population into the low (below the cut-point) and high (at or above the cut-point) PLAC Activity groups.

**Kaplan-Meier Analyses:** in the Kaplan-Meier analysis of the Clinical Validation Study, absolute risk of CHD events was higher in the high PLAC Activity group (log-rank  $p$ -value  $< 0.001$ ), as seen in the figure below. The absolute risk of CHD events of the two groups separated early and was consistently different after one year of follow-up and at all subsequent timepoints pre-specified for the analysis. The same analysis was also statistically significant within each gender and race analyzed independently (log-rank  $p$ -value  $< 0.001$  for each analysis).



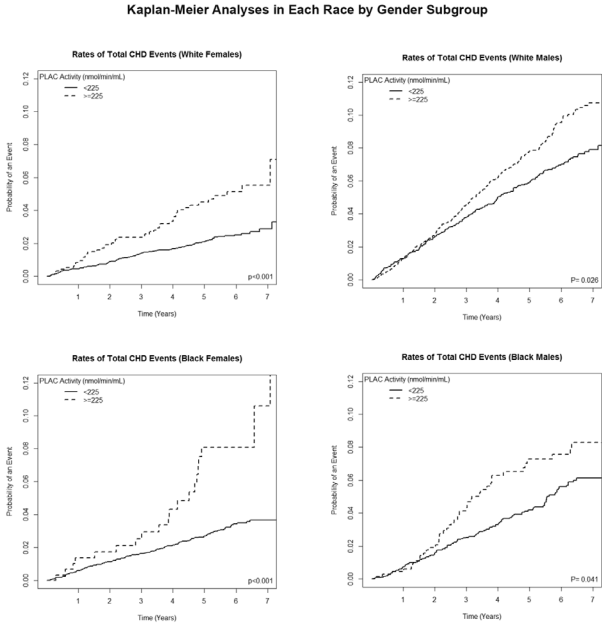
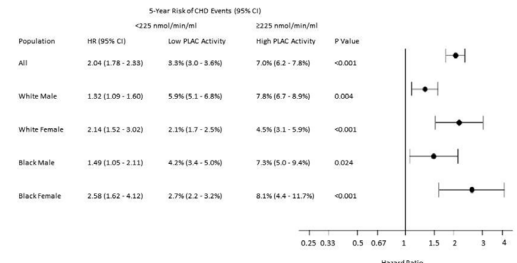
**Absolute Rates of CHD by PLAC Activity Group:** The absolute risk of CHD events at 5-year follow-up is presented for each PLAC Activity group of the Clinical Validation Study in the table below. The study indicated that the absolute risk of CHD events in the high PLAC Activity group is 2.1 times the absolute risk of CHD events in the low PLAC Activity group.

### 5-Year Risk of CHD Events (Kaplan-Meier Absolute Risk/Rate Analysis)

Population	Absolute Risk Pre-Test	Absolute Risk Post-Test Low Group (<225 nmol/min/mL)	Absolute Risk Post-Test High Group (≥225 nmol/min/mL)	Relative Risk (High/Low)
All	4.1%	3.3%	7.0%	2.1
Females	2.7%	2.4%	5.3%	2.2
Males	6.1%	5.2%	7.7%	1.5
White	4.4%	3.5%	6.9%	2.0
Black	3.6%	3.2%	7.6%	2.4

**Race by Gender Subgroup Analyses:** The predictive power of the PLAC Test for Lp-PLA<sub>2</sub> Activity was also assessed for each race by gender subgroup of the Clinical Validation Study. The figure below shows the predictive power of PLAC Activity within each race by gender subgroup using univariate Cox proportional hazards model, (high versus low PLAC activity group) with 5-year Kaplan-Meier rate estimates provided for each PLAC Activity group. The PLAC Test for Lp-PLA<sub>2</sub> Activity was shown to be a statistically significant predictor of total CHD events in all subgroups, with a consistently higher hazard ratio (HR) estimate observed for women compared to that for men, regardless of race.

### 5-Year Risk of CHD Events and Cox Proportional Hazards Models by Race by Gender Subgroup



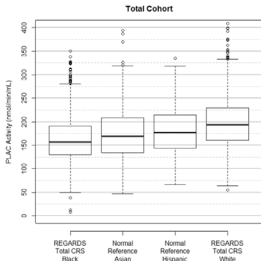
The distribution of baseline PLAC activity values for this population are shown in the following table:

Percentile	All (N=300) Lp-PLA <sub>2</sub> (nmol/min/mL)	Female (N=146) Lp-PLA <sub>2</sub> (nmol/min/mL)	Male (N=154) Lp-PLA <sub>2</sub> (nmol/min/mL)
Min	50	50	70
2.5	84	74	92
5	94	86	102
25	137	130	149
33	148	139	155
<b>50</b>	<b>167</b>	<b>154</b>	<b>176</b>
67	196	179	204
75	211	200	219
95	276	264	295
97.5	303	300	329
99	369	339	>382
Max	>382	370	>382
<b>Mean</b>	<b>176</b>	<b>166</b>	<b>186</b>

A low-frequency homozygous null mutation (V279F) has been reported in individuals with two Asian parents that results in a low level of circulating Lp-PLA<sub>2</sub> (Jang, Waterworth et al. 2011). Such individuals generally present with Lp-PLA<sub>2</sub> activity values that are either unmeasurable or below the minimum population values shown in the previous table.

These reference ranges are provided as guidelines only and are not intended to address "critical values" or medical decision limits. The results indicate that each clinical laboratory may observe a median and range of Lp-PLA<sub>2</sub> activity values that depend on the patient population tested (e.g. patients that are generally at greater risk for cardiovascular disease versus those at a generally lower risk). Each laboratory should establish its own reference intervals.

The distribution of PLAC Activity values observed in the Clinical Validation Study, which enrolled Blacks and Whites, encompasses those seen in other races (tested in a separate study) as shown in the figure below for Asians (n = 285) and Hispanics (n = 199).



**Risk Adjusted Cox Proportional Hazards Models:** Cox proportional hazards models showed the PLAC Test for Lp-PLA2 Activity to be a statistically significant predictor of total CHD events when comparing the high versus the low PLAC Activity groups of the Clinical Validation Study, with a fully-adjusted hazard ratio of 1.54 (1.31 – 1.82,  $p < 0.001$ ) after adjustment for age, gender, race, diabetes, hypertension, smoking, LDL and HDL.

**Secondary Component Endpoint Analysis:** The predictive power of the PLAC Test for Lp-PLA<sub>2</sub> Activity was also assessed using Cox proportional hazards models for each of the individual component endpoints of the Clinical Validation Study. The PLAC Test for Lp-PLA<sub>2</sub> Activity was shown to be a consistent and statistically significant predictor for each of acute myocardial infarction, coronary revascularization and CHD-related death ( $p < 0.001$  for each analysis).

EDTA-plasma samples were obtained from an all-comers population of 300 subjects of a clinically relevant age of 35 to 75 years old (median age 57) from two different geographical locations. Information regarding age, gender and race was collected from each subject. No health information was obtained. The testing population included 154 males and 146 females with a racial distribution of 38% White, 32% Black, 21% Hispanic and 9% Asian. Samples were tested with the PLAC Test for Lp-PLA<sub>2</sub> Activity following the recommended sample handling protocol and the expected values were computed.